

Thank you to everyone who got involved with activities for mental health week this week. A selection of pictures and information can be found on p2.

## Online Safety Dau

Tuesday 9<sup>th</sup> February is Online Safety Day so please check for linked activities on Google Classroom and the daily video.

Every week, each class teacher will select a champion from each class who has been really committed to their home learning. It is a difficult choice as so many of you are doing fantastic. This week's champions are:

Nancy, Cian, Rebecca, Chloe, Daisy, Jacob, Isla, Lukas and Daithy Well done

Website: www.st-ambrose.manchester.sch.uk

💙 Tw m21 🚺

Twitter: @stambroserc **f** Facebook: St Ambrose RC Primary **o** Instagram: bernardthebuddydog

Instagram: stambrose.m21

## Mental Health Week

Thank you for supporting Children's Mental Health Week 2021. With schools partially closed, a national lockdown and lots of uncertainty, children's mental health and wellbeing has never been more important. We challenged children to think of ways that they could express themselves - finding ways to share their feelings, thoughts and ideas through activities that make them feel good. Here are some of the amazing submissions we had and be sure to look out for a very special video on our social media pages today!



Improving children's mental health



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